SMITH FOR CHRIST

TEACHING THE WORD · WATCHING THE TIMES

REFLECTION JOURNAL · FIVE DAYS

John

Chapter 6

The Bread of Life

MEMORY VERSE · JOHN 6:37

"All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out."

THIS JOURNAL BELONGS TO _____

BEFORE YOU BEGIN

This week in John 6

John 6 begins with five thousand men fed from a boy's lunch and ends with twelve men and one question: "Lord, to whom shall we go?" This week, bring Jesus your little, let Him meet you in the dark water, and feed on Him — not just on what He gives. He will never cast out the man who comes to Him.

How to use this journal

1. Each day, read the passage slowly — out loud if you can.
2. Answer the **Observe** question from the text before you write what it means.
3. Write honestly on the **Reflect** questions. No one grades this.
4. Do the **Respond** step today, not someday. Say the memory verse.
5. Bring this journal to the group. The last page is for the table.

The full Deep Dive, the O·I·A study and the slides for this chapter are on the John study page.

WHERE I AM AS I START THIS CHAPTER

What is going on in my life right now that I want to bring to God this week?

DAY 1 OF 5

Loaves and a Storm

READ · JOHN 6:1–21

OBSERVE — WHAT DOES IT SAY?

What did Philip say when Jesus asked where to buy bread (v. 7), and what did the boy have (v. 9)? What did Jesus say to the frightened disciples on the sea (v. 20)?

REFLECT

Jesus asked Philip "to test him, for He Himself knew what He was intending to do" (v. 6). What need in your life are you trying to solve with your own math instead of bringing it to Jesus?

REFLECT

The disciples were rowing in the dark because they had obeyed (vv. 16–19). Where are you pulling hard against the wind right now, and what would it mean to hear Him say, "It is I; do not be afraid"?

RESPOND — TODAY

Give Jesus one "small" thing today — time, money, a skill, your story — and ask Him to use it for someone else. When fear rises, say verse 20 out loud.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 6:37)

DAY 2 OF 5

I Am the Bread of Life

READ · JOHN 6:22–40

OBSERVE — WHAT DOES IT SAY?

Why did Jesus say the crowd was seeking Him (v. 26)? What is "the work of God" (v. 29)? What does Jesus promise to the one who comes to Him (vv. 35, 37)?

REFLECT

"You seek Me … because you ate of the loaves and were filled" (v. 26). Be honest: do you mostly come to Jesus for what He can do for you, or for who He is?

REFLECT

Jesus said, "the one who comes to Me I will certainly not cast out" (v. 37). What have you done, or keep doing, that makes you afraid He would turn you away — and what does this verse say to that fear?

RESPOND — TODAY

Write verse 37 on a card and carry it. Spend five minutes thanking Jesus for Himself — not asking Him for anything.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 6:37)

DAY 3 OF 5

Drawn by the Father

READ · JOHN 6:41–51

OBSERVE — WHAT DOES IT SAY?

Why did the Jews grumble (vv. 41–42)? According to verse 44, who must draw a man before he can come to Jesus? What did the fathers who ate manna do, and what does Jesus promise instead (vv. 49–51)?

REFLECT

"No one can come to Me unless the Father who sent Me draws him" (v. 44). Looking back, how did God draw you to Jesus — what people, events or hard times did He use?

REFLECT

The crowd said, "Is not this Jesus, the son of Joseph ... whose father and mother we know?" (v. 42). Where do you make Jesus too small or too familiar to really trust?

RESPOND — TODAY

Write a short account of how God drew you, and share it with one man this week. Pray by name for one person you want the Father to draw.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 6:37)

DAY 4 OF 5

Feeding on Christ

READ · JOHN 6:52–59

OBSERVE — WHAT DOES IT SAY?

What did the Jews argue about (v. 52)? What does Jesus say the one who eats His flesh and drinks His blood has (v. 54) and does (v. 56)? Compare verse 47 with verse 54.

REFLECT

Verse 47 says "he who believes has eternal life," and verse 54 says "He who eats My flesh … has eternal life." What does it look like in a normal day to "feed" on Jesus by faith, the way you depend on food?

REFLECT

Verse 56 says the one who feeds on Him "abides in Me, and I in him." What else have you tried to feed your soul with, and what did it leave you with?

RESPOND — TODAY

Before each meal today, pause and thank Jesus that He gave His flesh "for the life of the world" (v. 51) — for you. If your church celebrates the Lord's Supper soon, come to it remembering this chapter.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 6:37)

DAY 5 OF 5

To Whom Shall We Go?

READ · JOHN 6:60–71

OBSERVE — WHAT DOES IT SAY?

What did many disciples say and do (vv. 60, 66)? What question did Jesus ask the twelve (v. 67), and how did Peter answer (vv. 68–69)?

REFLECT

Many disciples "withdrew and were not walking with Him anymore" (v. 66). What teaching or demand of Jesus is hardest for you to accept right now, and what are you tempted to do with it?

REFLECT

Peter didn't say he understood everything; he said, "Lord, to whom shall we go? You have words of eternal life" (v. 68). Where else have you gone looking for life, and what did you find there?

RESPOND — TODAY

Write out Peter's words in verse 68 and pray them as your own. If you have drifted from Jesus in some area, tell Him today that you are coming back.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 6:37)

WHEN THE GROUP MEETS

Questions for the table

FOR THE GROUP · 1

Jesus told the disciples, “Gather up the leftover fragments so that nothing will be lost” (v. 12). What part of your past — even the broken pieces — do you think God might still want to use?

FOR THE GROUP · 2

The crowd wanted to “take Him by force to make Him king” (v. 15) on their own terms. Where are you trying to get Jesus to fit your plans instead of following His?

FOR THE GROUP · 3

Even among the twelve, one was “a devil” (v. 70). How can we as a group help each other stay honest and real, and not just look like followers of Jesus?

MY PRAYER

Lord Jesus, Bread of life, I have chased other bread and come up hungry, so today I come to You and ask…

CUT OUT · CARRY IT · JOHN 6:37

"All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out."