SMITH FOR CHRIST

TEACHING THE WORD · WATCHING THE TIMES

REFLECTION JOURNAL · FIVE DAYS

# John

## *Chapter 5*

*The Son Who Gives Life*

MEMORY VERSE · JOHN 5:24

*"Truly, truly, I say to you, he who hears My word, and believes Him who sent Me, has eternal life, and does not come into judgment, but has passed out of death into life."*

THIS JOURNAL BELONGS TO _____

BEFORE YOU BEGIN

# This week in John 5

John 5 begins with a man who had waited thirty-eight years by a pool, and Jesus asking him, “Do you wish to get well?” This week, let Him ask you the same question, and answer it honestly. The One who told a lame man to walk is the Son who gives life to whom He wishes, and He has not stopped working.

**How to use this journal**

1. Each day, read the passage slowly — out loud if you can.
2. Answer the **Observe** question from the text before you write what it means.
3. Write honestly on the **Reflect** questions. No one grades this.
4. Do the **Respond** step today, not someday. Say the memory verse.
5. Bring this journal to the group. The last page is for the table.

The full Deep Dive, the O·I·A study and the slides for this chapter are on the John study page.

WHERE I AM AS I START THIS CHAPTER

**What is going on in my life right now that I want to bring to God this week?**

DAY 1 OF 5

# Do You Wish to Get Well?

READ · JOHN 5:1–9

OBSERVE — WHAT DOES IT SAY?

**How long had the man been ill (v. 5)? What did he say when Jesus asked if he wanted to get well (v. 7), and what three things did Jesus tell him to do (v. 8)?**

REFLECT

**Jesus asked, "Do you wish to get well?" (v. 6). What have you grown used to living with — a habit, a hurt, a way of coping — and what would honestly change in your life if Jesus took it away?**

REFLECT

**The man said, "I have no man to put me into the pool" (v. 7). When have you felt that alone, and who has God sent, or could He send, to be that man for you?**

RESPOND — TODAY

**Tell Jesus out loud what you want Him to make well in you. Then do one thing today that "picking up the mat" would look like — a call, a step, a hard conversation.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 5:24)

DAY 2 OF 5

# The Mat and the Man

READ · JOHN 5:10–18

OBSERVE — WHAT DOES IT SAY?

**What did the Jews say to the healed man (v. 10), and what did Jesus say to him when He found him in the temple (v. 14)? Why did the Jews want to kill Jesus (v. 18)?**

REFLECT

**The leaders looked at a man who could walk again and saw only a broken rule (vv. 10–12). Where are you quicker to notice what a brother did wrong than what God has done in him?**

REFLECT

**Jesus went looking for the man to say, "do not sin anymore, so that nothing worse happens to you" (v. 14). What sin is He warning you about, now that He has already shown you mercy?**

RESPOND — TODAY

**Name one sin you are tempted to go back to and tell a brother you trust. Thank God today for one change you have seen in another man's life.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 5:24)

DAY 3 OF 5

# The Son Who Gives Life

READ · JOHN 5:19–30

OBSERVE — WHAT DOES IT SAY?

**List what verses 20–27 say the Father has given or shown to the Son. What does verse 24 say the one who hears and believes already has?**

REFLECT

**Verse 24 says the believer "has passed out of death into life" — the move is already made. Where do you still live like a man in the house of death — in shame, fear, or old patterns?**

REFLECT

**Verses 28–29 say all who are in the tombs will hear His voice. How does knowing Jesus will one day judge everyone change the way you treat people this week?**

RESPOND — TODAY

**Write verse 24 on a card and read it every time you feel condemned today. Pray it back to God in your own words: "I have passed out of death into life."**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 5:24)

DAY 4 OF 5

# The Witnesses

READ · JOHN 5:31–40

OBSERVE — WHAT DOES IT SAY?

**Who are the witnesses Jesus names in verses 33, 36, 37 and 39? What did the Scriptures do, according to verse 39, and what were the people still unwilling to do (v. 40)?**

REFLECT

**Jesus said, "You search the Scriptures … it is these that testify about Me" (v. 39). When you read the Bible, are you looking for Jesus, or just for rules and information?**

REFLECT

**Verse 40 says, "you are unwilling to come to Me." What makes you hold back from coming to Jesus with something — pride, fear, or wanting to fix it yourself first?**

RESPOND — TODAY

**Read one passage today and ask only, "What does this show me about Jesus?" Write down one answer and bring it to Him in prayer.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 5:24)

DAY 5 OF 5

# Glory from God

READ · JOHN 5:41–47

OBSERVE — WHAT DOES IT SAY?

**What does verse 44 say gets in the way of believing? What did Moses write about, according to verse 46?**

REFLECT

**"How can you believe, when you receive glory from one another…?" (v. 44). Whose approval do you work hardest to get — your crew, your family, your boss, the men in this group — and how does that pull you away from God?**

REFLECT

**Jesus said Moses "wrote about Me" (v. 46). How does it help your faith to know that the whole Bible, Old Testament included, points to Jesus?**

RESPOND — TODAY

**Do one good thing today that no one will see or praise. Offer it to God alone, and ask Him to make His approval enough for you.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (JOHN 5:24)

WHEN THE GROUP MEETS

# Questions for the table

FOR THE GROUP · 1

**The man at the pool never asked Jesus for anything and didn't even know His name (vv. 6, 13), yet Jesus healed him. How has God been kind to you before you knew to ask?**

FOR THE GROUP · 2

**Jesus said, "My Father is working until now, and I Myself am working" (v. 17). Where have you seen God at work this week, even on your worst day?**

FOR THE GROUP · 3

**Verse 23 says those who do not honor the Son do not honor the Father. What would it look like for our group to honor Jesus in how we talk, work and treat each other this week?**

MY PRAYER

**Lord Jesus, You asked a man who had waited thirty-eight years if he wanted to be well, and today I want to answer You honestly...**

CUT OUT · CARRY IT · JOHN 5:24

*"Truly, truly, I say to you, he who hears My word, and believes Him who sent Me, has eternal life, and does not come into judgment, but has passed out of death into life."*